



For teachers, counselors, school
discipline officers, and parents

Mindfulness AKA Pay Attention

Understanding and applying mindfulness in
Social Emotional Learning and
Social Emotional Academic Development

**JOIN OUR WORKSHOP
SATURDAY, MARCH 30
10 AM - 2 PM**

AT

**ADAMS HUB - THE STUDIO
111 W PROCTOR ST.
CARSON CITY, NV 89703**

More info at www.mindfulead.org
Donations welcome at the door.
Light lunch provided.